

anowah



**Hub - Centre
& Community
Programs**

Why Choose Anowah?

Anowah, founded in 1967 is a not-for-profit NDIS registered disability support provider based in South West Sydney.

What makes Anowah different?

- We create opportunities to build personal skills, community connections and relationships.
- Commitment to continuity, dignity and choice for people with disability.
- Rural-style settings with low-stimulus environments that promote wellbeing and comfort.

Our purpose is driven by, 'empowering adults with disability to live with dignity, choice and belonging – every day, for life.

At Anowah, we provide safe, supportive and inclusive centre and community-based spaces where people with disability can build independence, increase confidence and make new friends ensuring client choice is upheld. Our approach is guided by your goals, your preferences, and your NDIS plan.

We are committed to providing quality support with a focus on staff training. Our support staff range in age, gender and cultural background ensuring a supportive, person-centred and inclusive environment, fostering independence and empowering individuals to thrive. If you are over 18 years and have a NDIS approved plan with Social and Community Participation support, we can help you to achieve your goals and vision for your future.

Other Services



Home and Living



Support Coordination

Choose from a range of activities



Creative arts & painting



Cooking & baking programs



Personal care & wellbeing



Community access & shopping



Life skills & independence



Social & group activities

Plus much more! ...ask us about our current Activity Selections!



What our clients say

“ At the hub, I get to go out and have fun with friends. Staff help me with activities I like. I want to go every day. ”

- Client

“ It's really positive that he has begun to interact (in his own way) with others at the centre. He is always happy to head off to Anowah each morning and comes home very smiley every day. ”

- Parent



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Contact Us

We would love to hear from you to discuss how we can support you in your NDIS journey.

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